

## **Rachel Esselburn, BSN**

Albany, OH 45710

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### **PROFESSIONAL EXPERIENCE**

#### **1999 – Present / Pregnancy Resource Center / Athens, OH**

- Executive Director/ CEO: Full responsibility of pregnancy center, including implementation of the policies and procedures, approved by Board of Directors & within parameters of the center's budget. Primary areas of responsibility: administrative, development, and community relations/public relations. Reporting to the Board of Directors and supervising all paid staff and volunteers. Received the Modern Woodsmen's "Home Town Hero" award for my contribution to the community and dedication to serve others.

Have also filled the roles of Board Interim President, Vice President, Secretary, Interim Treasurer, General & Founding Member, Client Care Liaison, Fundraising Chair, Interim Office Receptionist & Consultant, Church Liaison, Financial Donor, Community Relations & Marketing Chair, Publications, Administrative, Interim Director of Development & Interim Director of Client Services.

- Interim Nurse Manager: Oversee provision of client care and medical services operations, including compliance with agencies/rulings such as OSHA, HIPPA & CLIA. Reporting to the Medical Director & Radiologist and supervising all Nursing personnel, Sonographer, and peer consultation in accordance with program regulations. Received NIFLA's certificate for Limited Obstetrical Ultrasound study, amongst many others, keeping current with CEUs and licensure.

#### **1999 - 2009 / O'Bleness Memorial Hospital / Athens, OH**

- Registered Nurse on the Obstetrics unit: Cross-trained to work equally in the fields of labor and delivery, newborn, and postpartum care. Conducted assessments of patients, formulated appropriate care measures, and accurately applied them. Worked within a chain of command, while also upholding the policies and procedures of the Hospital. Received staff community award for service with excellence.

#### **1995 - 1997 / Messiah Village Retirement Center / Mechanicsburg, PA**

- Certified Nursing Assistant: Helped residents with all activities of daily living. Spent time learning to listen. Enhanced time management skills. Learned the importance of teamwork.

#### **1992 - 1993 / Country Club Retirement Homes / Mt. Vernon, OH**

- Certified Nursing Assistant: Spent time learning to listen. Enhanced time management skills.

## **RELATED EXPERIENCE & VOLUNTEERISM HISTORY**

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Pregnancy Resource Center - Board member. Public Relations and Fundraising. Served as a liaison between the PRC and local churches, promoting and initiating enthusiasm for local events as well as planning and coordinating fund drives. Designed and printed all business brochures.

Preceptorship - January 1998 - Worked with a Midwife at Polyclinic Hospital, PA. Assisted low-income adolescents in all areas of prenatal care. Present during births and postpartum care. Polyclinic has a 23 bed maternity and a 6 bed labor and delivery unit.

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Maternity Clinical - 1996 -Harrisburg Hospital (state capital, multiracial) - Cared for women and infants on the maternity Floor (20 bed unit) and present: for Cesarean sections and births on the labor floor (8 bed unit).

Capital Area Pregnancy Center - Active Volunteer - Trained as crisis pregnancy counselor. Served as liaison between CAPC and local church, promoting and initiating enthusiasm for local events. Worked with local schools in the "You're Worth the Wait" program.

## **EDUCATION**

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MESSIAH COLLEGE / School of Nursing / Grantham, PA

Bachelor of Science, Nursing, 1998

Financed 100% of college expenses

Courses of Study

Opportunities in NSG

Human Anatomy

Nutrition Theory

Communications

Pathophysiology

Principles of Management

Nursing Research

Ethics

Care of the Well Family

Care of the Dying Family

Completed Clinicals

Community Health

Emergency Room

ICU and OR

Pediatrics, Geriatrics

Psychiatrics

Medical/Surgical

Maternity

School Nurse